

City Reports



VOLUME XXIII No. 2

February 2012

PETE BUTTIGIEG, MAYOR

Dear Employees,

It is officially wintertime in South Bend. As snow blankets the ground across the city, I hope you are staying warm and dry and spending quality time with friends, family, and coworkers. I've been spending time with the Street Department crews during these snowfalls to ensure that our roads are cleared and safe for pedestrians and drivers. Please drive with caution during adverse conditions and call the Mayor's Office at 235-9421 to give us feedback on street conditions.

I wanted to take this opportunity to highlight a City program that is succeeding in our neighborhoods. The South Bend Code Enforcement Department, in partnership with the Solid Waste Department, has expanded an illegal dumping cleanup program to revitalize the neighborhoods and alleys of our city. The impact of the program has been tremendous.

Illegal dumping diminishes the quality of life and the appearance of our neighborhoods, streets and yards. Last year, the South Bend Common Council approved funding to put a crew in the field to collect waste, garbage, appliances, tires and other dumped materials. On January 9, the Common Council unanimously approved to expand the program to continue tackling the problem of illegal dumping in our neighborhoods.

"Since the inception of the illegal dumping crew, neighbors are experiencing a better quality of life with the removal of 488 tons of debris from within the neighborhoods," says Catherine Toppel, director of the city's Code Enforcement Department. "Streets and alleys which have been cleaned are staying clean. To date, very little illegal dumping has recurred in those areas."

Those 488 tons of debris equates to an astonishing 869,090 pounds of waste removed from our neighborhoods. Director Toppel says that approximately 12.6 tons of debris are removed every work day by the crews out in the neighborhoods.

Currently, the crews have focused on the areas hit hardest by illegal dumping, including neighborhoods north and west of downtown and streets and alleys north of Ewing Avenue. These crews will continue to remove garbage and waste from other areas throughout the city into the summer.

Citizen participation is important in this effort and I encourage you to contact the Mayor's Office or the Department of Code Enforcement at 235-9486 if there is a large amount of debris in your neighborhood or if a neighborhood group is scheduling a cleanup program in the future.

We can all agree that the cleanliness and character of our neighborhoods is vital to our identity as a proud community invested in the future. I would like to commend the Department of Code Enforcement and the Common Council for expanding this program.

Sincerely,

Mayor Pete

Santa Hats Off to South Bend Animal Care and Control!



'Twas the weekend before Christmas and all through the South Side, many creatures of all sizes were led by proud owners to Pet Smart in Erskine Village. \$10.95 got you an adorable framed photo of your precious pet



Jennifer & Abbey Corle

with Santa (recognize him??) and his newest Elf-in-Training (Hannah Schrader, daughter of **Nick Schrader**, Fire Department and **Nancy Schrader**, Engineering). Pet Smart donated \$5.00 from each photo purchase to SB



Animal Care and Control. This event raised approximately \$375.00 for the animal shelter and was the most profitable of all the Santa Paws' weekends. Our shelter employees are the best, all paws down! Thank you



Animal Care and Control and thank you Pet Smart!



Citywide Anniversaries

February 2012

35 Years–1977

Michael McAlexander Park Dept

30 Years–1982

Phil St Clair Park Dept

25 Years–1987

Francesco Parisi Water Works

20 Years–1992

Thomas Adami Fire Dept

15 Years–1997

Janice Talboom City Clerk's Office

10 Years–2002

Pam Paluszewski Legal Dept

5 Years–2007

Deborah Lavalley Police Dept

Debrah Jennings Comm & Econ Dev

John Murphy Admin & Finance

Randy James Building Dept

How to Burn Calories Faster

People with more muscle and less fat generally have a faster metabolic rate, so build more muscle!

Protein – requires more energy to digest it, so your metabolic rate increases

Metabolism is the body's systems for using or converting energy, building cellular structures, storing energy and breaking down molecules for energy. Your metabolic rate is how fast you burn calories when you are at rest. Your metabolic rate is determined by genes, lifestyle (primarily diet and exercise), and age – it will slow down as you age. Your thyroid regulates your metabolism, producing hormones which influence how your body performs. An underactive thyroid slows your metabolism, and an overactive one will speed it up.

Strength training builds muscles, so you burn more calories. We start losing muscle in our twenties, about 2% every decade, so keep working out!

Eat more than 1,200 calories per day or eating more often will increase your metabolism, otherwise your body goes into starvation mode and conserves calories.

Caffeine (just one cup of coffee) will increase metabolism 3-4% for a short period of time, that's why diet supplements include caffeine. Be very careful about diet supplements, some increase blood pressure where others do little to help (other than shrinking your wallet).

Most doctors recommend you boost your metabolism through a smart diet and exercise.

Ideas taken from wisdom@health.webmd.com

Be a Part of the Solution

Crime rates are rising around the city in burglaries, robberies and arson. Although we are down in murder, theft, assault and rape, South Bend is way above national averages in all crimes. Twenty years ago Digger Phelps, former coach at Notre Dame, saw a need to come along side the youth of our community and help them become strong, productive citizens. He designed a mentoring program so that adults could develop relationships with children and help them succeed in school and life.

As you join the mentoring team you will encourage children to come to school, to develop their skills in reading and math, and give them courage to succeed. There is currently a need for an army of mentors.

Many children are floundering in school. Too many boys looking for a male role model find gang leaders offering to take care of them. By investing one lunch period per week at a nearby school with a child you will make a difference.

Mentors will tell you they are more blessed than their mentees as they serve. The mentees are excited about seeing their mentor. Other students are curious and enthusiastic. They must have the idea that the adult who has come to their school must be someone especially nice to spend time with them.

I have mentored at Madison Primary and Perley Primary. Staff are gracious and helpful. The students are excited to see me. The girls I have mentored are appreciative and I have been able to help them really progress in their reading skills. Most just need someone to build their confidence that they can sound words out. Helping them build on the knowledge they have enables them to begin to enjoy reading and enables them to be more successful in school.

Mentoring can be done on your lunch hour. If you can take a longer lunch one day and a shorter one another day you can balance your time out. Call Philip Washington at the South Bend School Corporation, 283-8072, or email at pwashington@sbcsc.k12.in.us to sign up for the mentoring program.

Training sessions will be February 17 at noon at ND or February 27 at Cressy & Everett (McKinley & Ironwood) at 5:30pm. This one hour session is helpful to give you a feel for the program. You can tell Philip which school you would like to go to and what day and time will work best for you.

The more mentors we have, the more children helped, the less drop outs for the future. The more qualified students graduating and succeeding the less crime we will have in the city. These are difficult days in our country. We all need to do all we can to help strengthen our future adults to prepare them for what lies ahead.

submitted by **Jenny Hullinger** (Comm. & Econ. Dev.)

Employees' Corner

Central Services

Congratulations to **Carl** and **Valerie Woodcox** on the birth of their daughter, **Lilliana Aline**, on Jan 17. She weighed 5 lb, 10 oz. Carl is a mechanic at the Central Services North Garage on Riverside Dr.



Street Department

Abbey Jester, daughter of **James Jester**, won the 2011 American Taekwondo Association state championship in full contact sparring. She also won first place at the 2011 fall national championship in combat weapons sparring. What's more, she also finished 2011 with a world ranking of 11th in sparring.

Abbey's current 2012 state rankings are 1st in sparring and 1st in combat weapons; her current world rankings are 7th in sparring and 1st in combat weapons. Additionally, Abbey is a high honor student in Clay High School's sophomore Magnet Program. She also teaches at Legacy Martial Arts five days a week.

In celebration of Abbey's achievements Legacy Martial Arts is giving away a free 1 month trial membership and a free uniform to any city employee or family member; not to mention a full 25% discount on any membership. They are also offering to host a free self defense seminar to any city department wanting to schedule one. Legacy Martial Arts is located at 51978 State Road 933. For more information call 277-1620.



Sirens of Chrome Exhibit Brings Automotive Sizzle to Studebaker National Museum!

Exhibit traces more than 100 years of history of Auto Shows and the legacy of Auto Show models

They've been called models, sex symbols and eye candy, as well as informative, knowledgeable and engaging product specialists. The fascinating women (and men) of the auto shows, the progression of their role in selling cars and the distinctly human presence that makes the auto show unique is the focus of a new exhibit, *Sirens of Chrome*, on display at the Studebaker National Museum, January 20 through April 1, 2012.

A traveling exhibit, *Sirens of Chrome* takes visitors on a visual joyride through auto show history and features a treasure trove of rare images of turn-of-the-century goddesses, 1950s sex symbols and today's highly trained product specialists. The exhibit showcases posters and photographs of human hood ornaments, fast cars and vintage auto show fashions.

"The talent at auto shows throughout the past century have actually gone through as much of an evolution as the cars themselves," said Margery Krevsky, founder and owner of Productions Plus-The Talent Shop, a nationwide go-to company that recruits, outfits and trains talent for auto shows, and author of the award-winning book, *Sirens of Chrome: The Enduring Allure of Auto Show Models*, which served as the muse for the exhibition. "Auto show models truly morphed from 'plaster to poster to person' and now serve as ambassadors of their brand who entice customers with facts and vehicle comparison information."

Following the format of the book, the *Sirens of Chrome* exhibit includes many historical photos that have been carefully culled from private collections, auto enthusiast portfolios and the National Automotive Historical Collection of the Detroit Public Library that tell the larger story of auto show models and the timeless allure of automobiles.

Attendees of the *Sirens of Chrome* exhibit will discover whose "body" inspired the Rolls-Royce hood ornament, the Spirit of Ecstasy, and who sat in a "rumble seat" with 1930s silver-screen goddess Joan Blondell. They will see the depth of information included from the Dagmar Bumpers, gawk at the over-the-top opulence of the Somali leopard pelt-upholstered 1950 Cadillac Debutante and view in wonder the fur-clad model atop a Soviet-built Lada.

In total, the exhibit features nearly 75 pieces, some of which are photographs, posters, auto show programs and automobile magazine covers. Also on display will be auto show apparel courtesy of Production Plus-The Talent Shop, which has its own wardrobe department with an in-house fashion design team that creates original fashions for its clients and often tours a collection of vintage auto show fashions.

Open Monday-Saturday, 10:00 a.m.-5:00 p.m., and Sunday 12:00 p.m.-5:00 p.m. Admission is \$8.00 for adults, \$6.50 for seniors over 60, and \$5.00 for youth ages 6-18.

Sudoku - Hard Challenge

				8			4	9
		5		2				7
	3		4					
	7		8			6		
		8				1		
5	6						2	
		6		1				
	1			6	5	7		
			7	4		8		

Cape Cod and Plymouth Trip June 17-23

You can be whisked away on a motorcoach for six nights and seven days for \$625. (per person, double occupancy). You will have four consecutive nights in the quaint Cape Cod area, six breakfasts and four dinners are included. A visit to lovely, artistic Martha's Vineyard, an exploration of the historic seaside towns of Hyannis and Sandwich, a tour of the "Outer Cape," including Provincetown and Chatham, a visit to the JFK Museum, a visit to Plymouth, MA and the famous "Plymouth Rock," plus much more.

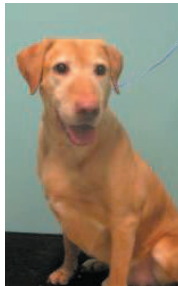
Call **Rose Kaufman** at Howard Park for a full itinerary.
235-9428

Adopt a Pet

Riley

Labrador Retriever Large, adult male, Pet ID: A07269241, Spayed/Neutered, up-to-date with routine shots, house trained and is micro chipped.

Riley is a sweet boy who was surrendered to the shelter when his family bought a new dog. Riley is 5 years and 10 months old.



Spirit

Domestic Short Hair, medium, young female, Pet ID: A15074951, up-to-date with routine shots, and house trained.

Spirit is a sweet cat that arrived as a stray. Through a partnership SBACC has with a local community college, Spirit will be brought current on all her shots, including rabies, and FeLV/FIV tested.



Lots of cats and dogs at the shelter need a good home.

A Little Name Dropping...

Welcome December 2011

Anita Beachy.....Morris Performing Arts
Stephen Harmon Fire Dept.

Resignations December 2011

Rochelle Brown Water Works (1 mo)
Tate Butler Police Communications (6 yrs 7 mos)
Ronald Deka Wastewater (7 yrs 3 mos)
Mary Ann Myers Mayor's Office (17 yrs 0 mos)
William Sniadecki Water Works (21 yrs 3 mos)

Mom Son Dance 2012

Wednesday, March 21

6:00-8:30 pm

Palais Royale Ballroom



The Annual Mom-Son Dance is a special night of fun for moms and their sons. Enjoy dancing, cookies and punch. Pose for a keepsake portrait, courtesy of CVS Pharmacy. This evening will make memories that will last a lifetime! This year's theme is Kung Fu! Fee: \$16 per person

Register: In person at O'Brien Recreation Center, Monday-Friday, 8am-8pm or Saturday, 8am-3pm; by phone with credit card at 299-4765 8am-4:15 pm or at 299-3482, 4:30-8:00 pm; or online at www.sbpark.org.

Change of Pace December 2011

Nick Gaul.....Parks from Foreman V to Superintendent III
Steve Harmon Fire from 3rd Class Firefighter to 2nd Class Firefighter
Chris Moffitt Parks from Arborist II to Foreman V
Paul Moreland.....Parks from Superintendent III to Operations Manager
John Pemberton Wastewater from Operator-General to Operator-Senior

Retirements December 2011

Charles FlanaganPolice (22 yrs 2 mos dedicated service)
Gary Gilot.....Public Works/Engineering (11 yrs 10 mos dedicated service)
Samuel Hensley Street (24 yrs 6 mos dedicated service)
Michele "Mikki" Dobski Shidler Mayor's Office (36 yrs 2 mos dedicated service)
Karen YauchPolice (27 yrs 10 mos dedicated service)



For more information on the following events contact:

CENTURY CENTER	9711
COLLEGE FOOTBALL HALL OF FAME	5715
S.B.REGIONAL MUSEUM OF ART	9102
MORRIS PERFORMING ARTS CENTER	9190
PARKS/RECREATION DEPARTMENT	299-4765
NOTRE DAME	631-5031
ST. PATRICK'S COUNTY PARK	288-3472
NO. INDIANA CENTER FOR HISTORY	235-9664
ST. JOE COUNTY 4-H FAIRGROUNDS	291-4870

Century Center

- 2/3 Meet Me In The Gallery, SB Museum of Art
- 2/4 Michiana Fight League, 20+ MMA Fights
- 2/7 Salute to Business Lunch, Chamber of Commerce
- 2/7 Daddy-Daughter Dance, SB Parks Department
- 2/10 Valentine's Day Grand Ball Extravaganza
- 2/11-12 Shishewana On The Road
- 2/12 SBCSC Scholastic Art Awards
- 2/13 The Acting Ensemble StageWorks, Fallen Angels" by Noel Coward
- 2/17-19 Michiana Boat & Outdoor Show
- 2/24 Zamora Entertainment: Show & Dance
- 2/25 Michiana Summer Camp Fair, SB Parks Department
- 2/25-26 Maple Hill Golf Show
- 3/2-3 Women's Expo
- 3/9-11 Michiana Home Show
- 3/17-18 Calvacade of Wheels

For more information, visit our website at www.centurycenter.org and click on Calendar of Events

The Morris Performing Arts Center

- 2/11 KeyBank Pops II – Romance at the Symphony, South Bend Symphony Orchestra
- 2/12 Golden Dragon Acrobats "Cirque Ziva"
- 2/14 Blast
- 2/24-25 Broadway Theater League presents My Fair Lady
- 3/3 MasterWorks III – "Inspired by the Bard", South Bend Symphony Orchestra
- 3/9 Disney Live Presents "Three Classic Fairy Tales"
- 3/21 Riverdance Returns
- 3/25 Australian Sensation "Human Nature, the Motown Show" produced by Smokey Robinson
- 3/31 KeyBank Pops III – "The Texas Tenors", South Bend Symphony Orchestra

City Reports Reporters

Department	Reporter	Phone#
Administration/Finance.....	Mary Ramsdell.....	9935
Attorney's Office.....	Pam Paluszewski.....	5865
Building Department.....	Nikki Durr.....	9554
Century Center.....	Matt Rose.....	9896
City Clerk.....	Mary Beth Wisniewski.....	9222
Code Enforcement	Deborah Mobley	9325
Common Council	5978
Communications	Debra Johnson.....	5853
Comm and Econ Dev	Jenny Hullinger.....	5832
Engineering Department	Marcia Qualls.....	9251
Environmental Services	Mark Rzepnicki.....	277-8515
Central Services	Mary Wisniewski	9316
Fire Department	9255
Football Hall of Fame	David Saba	5717
Howard Pk Sr Citizens.....	Rose Kaufman.....	9428
Human Rights	Nancy O'Brien	9425
Morris Perf. Arts Center.....	Karen King.....	5584
Park Department	Paula Garis	299-4768
Police Department.....	Barb Holleman	9311
Potawatomi Zoo	Pat Fenters.....	9800
Street Department	9244
Studebaker Nat'l Museum	Peggy Soderberg	9714
Water Works.....	Laura Vance	5650
Water Works.....	Jodie Spradlin.....	5663

If you have anything you would like to put into the paper, either contact your reporter (above), or you can fax it (235-9171) or email it to **Marcia Qualls (Engineering) or Mary Beth Wisniewski (City Clerk)** Please include your name and phone number in case we have questions.

Sudoku Answer

9	1	8	6	4	7	2	5	3
2	6	7	5	9	3	4	1	8
5	3	4	8	1	2	9	6	7
8	2	6	4	7	1	3	9	5
3	7	1	9	6	5	8	4	2
4	5	9	2	3	8	1	7	6
1	8	2	7	5	4	6	3	9
7	9	3	1	2	6	5	8	4
9	4	5	3	8	6	7	2	1

This paper is published as a service to the employees of the City of South Bend. It is a non-profit publication and any views presented are not necessarily those of the Mayor or any other City Official. Coordinators: Marcia Qualls and Mary Beth Wisniewski; Layout: Jenny Hullinger.